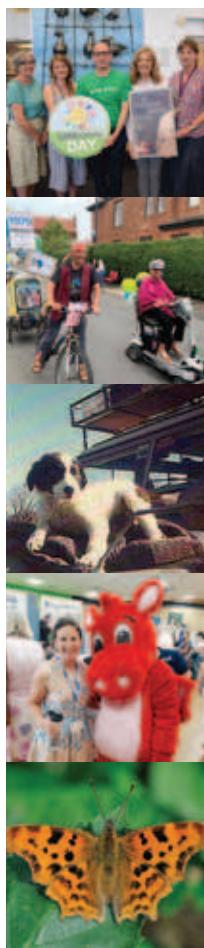


## EDITOR'S CORNER

<b>TRAVEL</b>	<b>2</b>
<b>LOCAL NEWS</b>	<b>4, 5, 6, 7, 8, 9, 10, 13 &amp; 15</b>
<b>LEGAL EYES</b>	<b>12</b>
<b>COMMUNITY NEWS</b>	<b>16, 19 &amp; 23</b>
<b>MONEY TALK</b>	<b>20</b>
<b>LOCAL FEATURE</b>	<b>24 &amp; 25</b>
<b>HEALTH &amp; BEAUTY</b>	<b>26 &amp; 27</b>
<b>HOME &amp; GARDEN</b>	<b>28 &amp; 29</b>
<b>LETTER TO THE EDITOR</b>	<b>30</b>
<b>WHAT'S ON</b>	<b>31</b>
<b>PROPERTY</b>	<b>17 &amp; 32</b>



I've just been home to see my family in Ireland and to spend some time on the farm with mum and dad. We had an influx of cousins which, despite the constant cooking, was a lot of fun. It was lovely to see all our children playing together, with the occasional squabble as I suspect there might have been when we were young. Back then, my cousin Eilish and I spent many long summers torturing my older brother with water balloons and nettles (don't ask!). We even carved his name and the name of a certain girl on a roadside tree for all to see. Needless to say that didn't go down very well, with either of them!

Things have changed a lot since then and what struck me most this time was how quiet everywhere seemed to be. Our local town used to be a thriving metropolis (at least in my mind) but now it's a bit downtrodden with a few too many boarded-up shops. A number of big employers have either closed down or moved elsewhere in recent years and where jobs go, people are forced to follow, in many cases moving abroad to Australia and Canada.

I don't know exactly when things started to slide so badly, but I've returned to Suffolk with renewed determination to support local producers, local manufacturers, local shops and bars and restaurants and local events. Without our support they simply can't survive and thrive and ultimately we all lose out. We are forced to travel further to shop, we struggle to find employment close to home, our children leave to find jobs elsewhere and, as in my home town, a general lack of 'vitality' sets in which may be difficult to overcome.

We may not know what the future holds, but we all have spending power and how and where we choose to spend our money will impact the local economy. Every penny we spend locally is an investment in our community, in our children's future, in the look and feel of our towns and villages... I know I'd rather spend time in a bustling town or village with a mix of shops and cafes and restaurants, where activities are well attended, where people are confident about the future and where 'community', the natural outcome when residents and neighbours enjoy where they live, is strong.

It's in our hands to make it so and I'm proud to edit a series of magazines which celebrate community and enable local employers to share their wares. I also believe it's important to know what's happening in our local communities, to keep abreast of local developments and to know what's what and who's who. So make a cup of tea, sit back and enjoy.

**SHARON JENKINS** *Editor*

**Deadline for October 2019**

**Wednesday 11 September**

**See the magazine online...**

September issue - online now  
October issue - online 23 September  
Visit [www.spotlightmagazine.co.uk](http://www.spotlightmagazine.co.uk)

## Contact us...

**Send us your articles:**

[sharon@intouchnews.co.uk](mailto:sharon@intouchnews.co.uk)

**Call:** 01473 400380

**For advertising in**

**Spotlight on Felixstowe and the "In Touch with..." series of magazines:**

[advertising@intouchnews.co.uk](mailto:advertising@intouchnews.co.uk)

**Call:** 01473 400380

Cover photo: *Seagulls* by Dave Qinton

**Spotlight on Felixstowe is published by**  
**Mansion House Publishing (UK) Ltd**  
20 Wharfdale Road, Ipswich, IP1 4JP

**Editor:** Sharon Jenkins  
Email: [sharon@intouchnews.co.uk](mailto:sharon@intouchnews.co.uk)  
01473 400380

**Design:** Lisa Tye

**Advertising**  
Email: [advertising@intouchnews.co.uk](mailto:advertising@intouchnews.co.uk)  
01473 400380

**Distribution:** Tree Martin  
Email: [tree@intouchnews.co.uk](mailto:tree@intouchnews.co.uk)

**Printing**

Email: [steve@colourplan.co.uk](mailto:steve@colourplan.co.uk)  
01473 400397

### Editorial Submissions:

Readers are invited to submit articles, photographs and illustrations for publication.

**Send editorial copy to:** [sharon@intouchnews.co.uk](mailto:sharon@intouchnews.co.uk)

### Disclaimer:

The views expressed by the contributors are not necessarily those of the publisher. Every effort is taken to ensure that the contents of this magazine are accurate but the publisher cannot assume any responsibility for errors or omissions. Whilst reasonable care is taken when accepting advertisements or editorial, the publisher/editor will not accept responsibility for any unsatisfactory transactions and also reserves the right to refuse to include advertising or editorial. They will, however, immediately investigate any written complaints.

### © Mansion House Publishing (UK) Ltd

All rights reserved. No part of this magazine may be reproduced or used in any form or by any means, either wholly or in part, without prior permission of the publisher.

Spotlight on Felixstowe is published by Mansion House Publishing (UK) Ltd and is part of the "In Touch with..." series of magazines.

**Mansion House Publishing also publishes 18 In Touch with... titles which are distributed to 64K homes and businesses in the following areas:**

- Beyton, Elmswell, Haughley & Woolpit
- Bramford, Ofton & Somersham
- Barham, Clayton, Henley & Whitton
- Belstead, Bentley & Copdock
- Capel St Mary
- Dedham, East Bergholt & Flatford
- Baylham, Gt & Lt Blakenham
- Ipswich East
- Kesgrave & Rushmere St Andrew
- Brantham, Lawford & Manningtree
- Martlesham Heath
- Needham Market & The Greetings
- Chelmondiston, Shotley & Stutton
- Burstable & Sproughton
- Stowmarket & Stowupland
- Ashbocking & Tuddenham St Martin
- Chattisham & Hadleigh
- Melton & Woodbridge